

I can do all things through Christ who strengthens me. - Philippians 4:13

FAITH COMMUNITY NURSE by Gayle Donahue, RN

Alzheimer's/Dementia

Are you planning to wear purple during June? Consider being part of the global movement to fight Alzheimer's and dementia. Although one in ten people over age 60 have some form of dementia, this is not a normal part of aging. Dementia, "a decline in mental abilities severe enough to interfere with daily activity," is a

result of a disease process. Alcohol related dementia, vascular dementia, and Alzheimer's disease are the three most common forms of dementia. Some symptoms of dementia are caused by treatable conditions making the early assessment and intervention by your doctor very important.

Many of us have been touched by the most common form of dementia, Alzheimer's. Researchers are expanding our knowledge of what is happening in the brain, why the changes are occurring, and possible preventive measures. If you would enjoy a detailed review of the brain, go to www.alz.org and view "Inside the Brain: An Interactive Tour." Factors influencing development of Alzheimer's that we cannot change: age, family history, and heredity. Three measures we can take to lower our risk: 1) prevent head injury with loss of consciousness (wear your seat belt, helmet, and fall proof your home...); 2) there seems to be a link between heart health and brain health (a healthy heart pump will get the oxygen and nutrition to your brain that it needs to function well); 3) overall healthy aging practices (healthy nutrition, socially active, no tobacco or excess alcohol and exercise both body and mind). These same life style choices will lower your risk of numerous other diseases and improve your enjoyment of day to day activities while you also protect your brain. Start your summer in purple with healthy life style choices while you remember all those affected by dementia and Alzheimer's and the researchers working to understand our amazing brain.



You are invited! Thursday, June 7, 11:45am to 1:15pm, to Church of the Redeemer UCC at 23500 Center Ridge Road, Westlake. Matt Gurwell, CEO and founder of Keeping Us Safe, will present "A Safe Drive Thru the Aging Process ." The hot topic of senior drivers vs. the aging process will be discussed in a practical, entertaining, and realistic way. This is not another safe driving or driver refresher program. The ultimate goal is

to offer suggestions on how to recognize and compensate for diminishing skills so seniors can remain on roadways as safe drivers. Please bring your brown bag lunch; beverage and desert provided. Sign up by June 4 by contacting faith community nurse Gayle at gdonahue@rrumc.org or calling the Church Office.

RIVER MEN PANCAKES FOR DAD

June 16,
9:00am



Join River Men on Saturday, June 16, 9:00-11:00am, for our annual Father's Day weekend pancake breakfast to benefit the Youth Mission Trips. At 9:30am, guest speaker Brad Hadden will share his thoughts on "How to Be a Dad," along with reflections on his years in prison ministry and how he introduced his own father to Jesus Christ.



Brad is a committed Christian and father, works for the International Longshoreman's Association, is a competitive Amateur Powerlifter, and is passionate for taking Christ to men – especially those who are homeless and incarcerated.

Tickets go on sale May 20, before and after Sunday services, or in the Church Office. \$10.00 in advance or \$12.00 at the door. Questions? Contact Andy Shelley at 614.929.8968 or Matt Tenhover at 440.487.0634.

REFLECTIONS...

by Rev. Dan Bogre



Every Monday I make my way to our Cleveland campus at the corner of West 65th and Bridge Avenue on Cleveland's west side. I just help unload the truck that brings a whole bunch of bins from our Rocky River campus. As all of you know, that is the place that houses our Twice Blessed Free Store. I was there this past Monday and was surprised by what I saw. Most of the shelves were bare. We are now into the summer season of the free store and we are in need of clean summer clothes for all ages. We need clean clothing (for all ages - infant to adult). We also need clean bedding, gently used and cleaned household items, clean shoes, and **new** socks and underwear. All of you have been so great with all of your donations but we need you to once again go through your closets and see what you might be ready to donate so that it can bless someone else. That is one of the reasons we call it Twice Blessed Free Store. That clothing item was a blessing to you and now maybe it can become a blessing to someone else.

I think that one of the great things with our free store is that almost all the things that are donated go right to the shelves and are gone within a week. If you give it to us on a Monday, there is a good chance someone else could be wearing it within a week or two. The kids will be out of school soon so maybe on a Monday moms, dads, grandparents, babysitters, or nannies can bring the kids up to help out. We are open on Mondays from 10:00am to 1:00pm just for sorting our donations and putting them out on the shelves. Maybe you can come for all three hours or maybe you can just come for an hour. It is a great way to spend a Monday morning. I have done that with my two boys and a friend of their's on Mondays that they have off from school. It has been great to see them giving back.

That campus is growing. We are starting to see our worship numbers getting close to 100 people each and every week. It is working because of all of your amazing support. Please help us out with your donations. See you at the free store!

SUMMER OFFICE HOURS

The Church and Church Office will be closed on May 28 for Memorial Day. Summer office hours are 9:00am-4:00pm from June 11 to August 24.

MILESTONES

June Anniversaries

(50 or more years and those in 5 year increments)

6/03	Mariland & Bob Morsfield	40
6/06	Ilze & Andrew Bekeny	54
6/07	Danielle & David Gorton	5
6/07	Betty & Henry Jacques	60
6/11	Beth & Tom Hendricks	35
6/14	Jean & Joe Wehrheim	66
6/15	Donna & John Clifford	55
6/15	Carolyn & James Stevenson	50
6/18	Kim & John Thomas	35
6/19	Dorothy & Jim Boulton	64
6/21	Anne & Don Esarove	59
6/24	Suzanne & Fred Stover	62
6/25	Nancy & Charles Gustafson	57
6/30	Carolyn & John Rowland	72

Birthdays (age 90 and above)

6/4 Elaine Kirbach 96

Baptisms

Russel Ryan Cook, son of Kimberly and Ryan Cook, on April 15.

Abigail Ruth Nelson and Lillian Joan Nelson, daughters of Brittany and Brett Nelson, on April 22.

Luke Charles Algeri, son of Rebecca and Matthew Algeri, on April 29.

Ella Kathryn Russell, daughter of Sarah and Brant Russell, on May 6 (before confirmation).

In Sympathy

Pam Fletcher Lucey, in the unexpected death of her brother, Steve Fletcher.

Family and friends of Dr. Carl M. McKenna, who passed away on April 14.

Fred Harvey, in the death of his brother-in-law, John Little, and of his uncle, Ed Schultz, in Jackson, MS.

Family and friends of Paul Gentzel, who passed away on May 1.

Family and friends of Sally Mshabbek, who passed away on May 4.

God Bless Our 2018 Confirmation Class

Congratulations to the following youth confirmed on Sunday, May 6, at the Sanctuary Worship Service:

Jack Bowers	Evan Calderwood
Elliott Cook	Beatrice Demaree
Adam Dixon	Andrew Hackett
Scout Hahn	Grayson Hess
Jordan Jacques	Hogan Kern
Sofia Krampitz	Maia LeClair
Madeline Lundin	Isabella Ruebsteck
Ella Russell	Benjamin Téllez

WITH GRATITUDE

Thank you for the beautiful Easter flowers. We greatly appreciated the visit and generous time Will Woodruff spent with us when he delivered the flowers.

- Pat & Ralph Keating

As a college student, I was thrilled to receive the "gift pack" from Rocky River Methodist Church, sent to me out here at the Ohio University campus in Los Angeles. Would you send along my thanks to the appropriate person/persons? I will be completing my senior year requirements out here at OU's California campus, returning to Athens for graduation on May 5th. Following graduation, I will be returning to Los Angeles where I have been offered a position in an El Segundo firm, where I have also been interning, that deals in a considerable number of specialized services to clients around the world, that relate specifically to my degree program at Ohio University.

- Patrick Evans (over phone to grandmother, Sue Evans)

I cannot say enough about this great congregation! Thank you to everyone who participated in, donated to, or prayed for our most recent Mission Possible. We were able to make 150 trauma care bags, with 43 of those for children. Thanks to your time and generosity, people who are experiencing terrible trauma will know that they are loved. To quote J. Bunyan, "You have not lived today until you have done something for someone who can never repay you." This congregation is living every day! Thank you! Thank you! Thank you!

- Kristen Wiggers, Quinn Bennett, and the entire Children's Ministry team

Thank you so much for everything you did to facilitate the donation of the Take Care bags. We are so grateful to all involved in your Church Community for their generosity, their time, and their compassion. ... The bags will be available to the detectives and social workers who go out to meet families in the immediate aftermath of a tragic loss. ... But to be able to share the kindness of strangers who did something to ease their suffering even if they never get to meet them- that serves to remind them that this world is full of good and compassionate people too. - Eileen Zatta, LISW-S, Front Line Service Traumatic Loss Response Team

Dear RRUMC administration and congregation, I'd like to take a moment to thank my RRUMC community for all of their support over the past school year. This year had its own set of challenges and I really appreciated hearing from the church while I was at school and also interacting with the congregation over my breaks. The care packages especially came during stressful midterm weeks, and, so they put a much needed smile on my face. Thank you again! I am so grateful for the church's support. Warmest regards. - Cathy Eichler

Many thanks for the beautiful daffodil plant - a sure sign that spring is on the way! - Carol Harrington

WITH GRATITUDE, continued

Dear Members of Rocky River UMC, Thank you for the very pretty Lily plant. It reminds us of the joy of Easter. We appreciate your thoughtfulness.

- The David Glynn family

I want to thank Rocky River United Methodist Church and especially the volunteers on the Flower Committee for sharing with me an Easter Lily plant that was delivered by Jeanne Allen, and a beautiful bouquet made from the altar flowers on Sunday, April 29 that was delivered by Sally Mylett. Not only did the flowers brighten my room, but the conversations with these ladies (who I have known for many years) reminded me how much we are always a part of our vital church even when we are unable to attend services regularly. I appreciate your thoughtfulness.

- Sue Butler

UPWARD BASKETBALL VOLUNTEERS NEEDED!



Upward Basketball Camp is scheduled for July 9-13, from 9:00am to 12:00pm each day.

Youth and adult volunteers are needed to lead individual groups to various basketball stations and to share daily devotions. Rocky River basketball coaches and players will lead the various stations.

No basketball experience required, just a love for children and passion to serve Jesus Christ.

Please contact Jason Kraft at 440.476.0861 and/or upwardrrumc@yahoo.com for more information or to volunteer.



THANK YOU, BRADEN PONTOLI!

Many of you are aware that Braden Pontoli, our Director of Music, is planning to move to California with an opportunity to further his career in

performing, composing, and producing his own music at the California Institute of Arts in Valencia. We will recognize Braden during the 10:00am worship service on Sunday, June 3, and will enjoy a cake and punch reception following the service. Please join us in asking God's blessings upon Braden as he says goodbye and begins a new chapter in his life. We look forward to seeing you and your family on Sunday, June 3 at 11:00am.

CONGRATULATIONS CHURCH!

Rocky River UMC received certificates of appreciation and thanks from our District Superintendent and our Bishop at the Spring District Conference held on Saturday, April 21. One for having received 26 new members by profession of faith in 2017. And the other two for paying 100% of our district and conference apportionments in 2017. Thank you to all of our members who give to support a faith-filled and growing church - we are making a difference in our world today.



Bishop Tracy Malone
East Ohio Conference

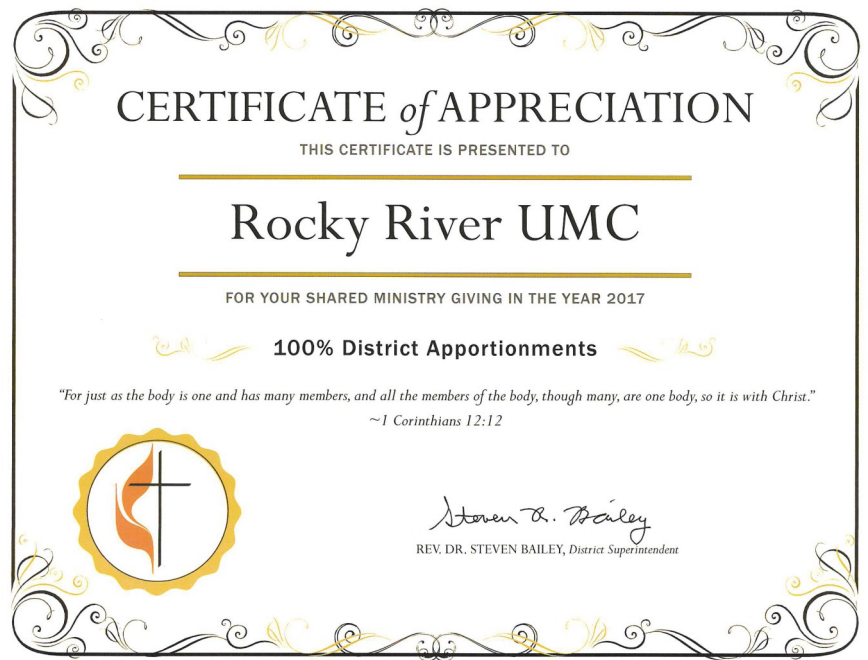
Rocky River United Methodist Church
North Coast District

A. Moses Rathun Kumar
General Secretary and Treasurer
General Council on Finance and Administration

Michael McKee
Bishop Michael McKee
President
General Council on Finance and Administration

653904

Open Hearts. Open Minds. Open Doors.
The people of The United Methodist Church*



NEW BOOKS

CHECK OUT OUR LIBRARY!

Several new books have been added to our church library recently and can be found on the "new release" shelf. Additions include "The Cavendon Women" by Barbara Taylor Bradford, "Before We Were Yours" by Lisa Windgate, "A Few of the Girls" by Maeve Binchy, several books about Judaism (donated after this year's Cavicchi Christian Education Seminar), as well as some fun summer reads!

YOUTH MINISTRY

This month, our middle school mission team will be traveling to Athens County Ohio. They will be doing community development work as they reach out in service as the hands and feet of Christ on June 14-17. Please keep them in your prayers. Also, please pray for our youth officers attending Youth Annual Conference, June 8-10.

MISSION ZONE MONTHLY COLLECTION

Children's Free Store Donations:

- May: towels and washcloths
- June: soap
- July: school supplies



NURSERY SCHOOL NEWS

by Karen Freeh,
RRUMNS Director

It is my privilege and honor to announce the retirement of Mrs. Nancy Kleinert at the end of this school year. This was a difficult decision to make for Nancy, as we all know she puts her heart and soul into the children here at RRUMNS. Mrs. Kleinert

has been working here at RRUMNS for 25 great years! We value her wisdom and her practical and simple way she views childhood.

Mrs. Kleinert has big glitter shoes to fill for sure. We will miss her laugh and joy for the children! She has promised us that she will be coming back to help substitute in years to come.

CHRISTIAN MEN OF CHARACTER

June 26 - 7:00pm

Join with other River Men to hear about and discuss the impact of Christian men of character who changed the world. At our **Tuesday, June 26** meeting, we will be discussing **Dietrich Bonhoeffer**, a German pastor, theologian, spy, anti-Nazi dissident, and key founding member of the Confessing Church. His writings on Christianity's role in the secular world have become widely influential, and his book "**The Cost of Discipleship**" has become a modern classic. Meetings are held at 7:00pm at RRUMC. No homework or books needed. All men are invited! To sign up, contact Steve Harry at 440.668.3514 or StephenT.Harry@yahoo.com.

"SILENCE IN THE FACE
OF EVIL IS ITSELF EVIL:
GOD WILL NOT HOLD US
GUILTY. NOT TO
SPEAK IS TO SPEAK.
NOT TO ACT IS TO ACT."
- DIETRICH BONHOEFFER



ALGART HYMN SING

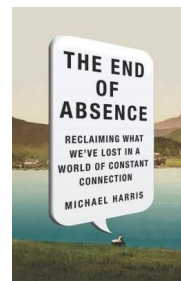
June 19 - 2:00pm

Come sing the wonderful old hymns of the Methodist Church like Blessed Assurance, In the Garden, The Old Rugged Cross, and Holy, Holy, Holy in a sing along with the residents of Algart Home.

Algart is a nursing care and assisted living facility on West 89th Street and Detroit Road in Cleveland.

This isn't a choir. There is no performance or rehearsal. We are simply there to talk with, sing with, and care for people who truly need our presence to brighten their day. If you come, it will brighten your day too!

We sing together there the third Tuesday of every month, 2:00-3:00pm. Contact Bob Secrist at 216.521.2365 for more information or simply arrive to sing with us.



BOOK CLUB

Thursday, June 21, 10:00am, church parlor. We will discuss "**The End of Absence: Reclaiming What We've Lost in an Age of Constant Connection**" by Michael Harris. Questions? List of

future books? Contact Bruce Biggin at biggin@netscape.net or 216.221.5880. Always happy to see new faces, and regular attendance is not required.

LYDIA CIRCLE UMW PICNIC

The Lydia Circle will meet on Thursday, June 14, 11:30am at Cleveland Yacht Club for their year-end picnic. Location will change to RRUMC's Jean and Jan's Café in case of rain. Please respond to Sally Smith at jimsalsmith@ameritech.net or to MaryElin Halek at maryelin3487@yahoo.com or 440.773.6569 with what you plan to bring to the picnic. Desserts will be provided.



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DATED MATERIALS—PLEASE RUSH
Mailed May 17, 2018

Ministry

Daniel F. Bogre, Senior Pastor
Paul A. Bennett, Associate Pastor
Robert B. Hibbard, Pastor Emeritus
Christopher M. Burns, Harbor Worship Leader
Sheri B. Swartz, Director of Church Ministries
Rachel E. Burns, Director of Youth Ministries
Quinn E. Bennett, Director of Children's Ministries
Robyn E. Gauder, Service Engagement Coordinator
Gayle E. Donahue, MSN, RN, Faith Community Nurse
Craig W. Cowles, Cleveland Campus Free Store Director

Music Ministry

Braden J. Pontoli, Director of Music
Darius J. McBride, Children's/Youth Choir Director
Carmen G. Massaro and Lynn Young, Handbell Choirs
Jeffrey A. Acker, Organist

Mission Ministry

Rev. Paul Webster, Kanyama, Zambia

Address Labels

Deadline for July/August Circuit Rider:
June 6

IT'S ALL ABOUT THE STORY!

CAR SHOW OUTREACH MINISTRY Cruisin' River



With summer just around the corner, so is the fifth season of *Cruisin' River*, our annual collector car show outreach ministry.

The six cruises will be held in our parking lot on the second and fourth Wednesdays of June, July, and August, 5:30pm-8:00pm (June 13 & 27, July 11 & 25, August 8 & 22).

Bring your antique, collector, or fun car – all makes, models, and years accepted. No admission charge, and the first 50 cars will receive a dash plaque. Show up in a *Theme Night* car (Ford, GM, Chrysler, etc.) and receive complimentary food and beverage.

Terrific door prize (\$100 value) featured at every cruise. Even if you don't own a "special" car, come to the cruises, see the great cars, make some new friends and enjoy the fun! Volunteers needed (great chance for students to get volunteer/community service credits)!

AGAIN IN 2018: MOTORCYCLES WELCOME in support of the **Armored Disciples Motorcycle Ministry!**

For more information contact Steve Zayac at 440.785.1489 or stephen.zayac@gmail.com, or Michael Parry at 440.773.1301 or mparry3638@gmail.com.

SAVE THESE DATES...

- May 28 - Memorial Day (church closed)
- June 3 - Graduate Recognition and Baccalaureate
- June 3 - Reception for Braden Pontoli
- June 3 - Chancel Choir Recognition
- June 3, 10, 17, & 24 - Men's Prayer Group
- June 8-10 - Youth Annual Conference
- June 10 - Bell Choir Recognition
- June 11-14 - Annual Conference at Lakeside
- June 13 - Cruisin' River Car Cruise
- June 14 - Lydia Circle (UMW) Picnic
- June 14 - Shawl Ministry
- June 14-17 - Middle School Mission Trip
- June 16 - River Men Father's Day Weekend Pancake Breakfast
- June 19 - Algart Hymn Sing
- June 21 - Book Group
- June 25-29 - Vacation Bible School
- June 26 - Men of Christian Character
- June 27 - Cruisin' River Car Cruise